



## STRUCTURE OF PROGRAMMES AND SUPPORT

PROGRAMME SUPPORT AND DELIVERY	INDIVIDUAL SUPPORT PROGRAMMES	MENTORSHIP	TARGET AREAS		PERFORMANCE PLUS PLUS (P++)
<p>Delivering <i>sustainable and regular</i> sports programmes to groups of young sportspeople</p> <p>Working with delivery partners to:</p> <ul style="list-style-type: none"> <li>• Find areas where we can support their existing programmes</li> <li>• Find gaps to deliver new programmes</li> <li>• Mentorship support: Providing a form of mentorship to each programme we deliver</li> </ul>	<p>Offering <i>essential</i> individual support programmes to the most deserving and in need individuals</p> <p>Two parts to the individual support:</p> <ul style="list-style-type: none"> <li>• Financial support: To fund areas of need</li> <li>• Mentorship support: Providing a form of mentorship to each individual we support</li> </ul>	<p>Providing <i>valuable guidance</i> to the programmes we deliver and the individuals we support</p> <p>Forms of mentorship on offer:</p> <ul style="list-style-type: none"> <li>• Formal Mentorship Programmes</li> <li>• Informal Mentor Meetings</li> <li>• Mentorship Workshops</li> <li>• Integrated Mentorship</li> </ul>	<p><b>COMMUNITY ENGAGEMENT</b> (10+ years of age) Sportspeople with ambition to progress beyond community participation</p>	<p><b>ACROSS A VARIETY OF SPORTS</b></p>	<p>High-level individual support for the right athletes with genuine prospects to reach the top of their sport Giving high performers a winning platform</p>
			<p><b>SPORT ADVANCEMENT</b> (14+ years of age) Higher-level athletes looking to advance their career</p>		
			<p><b>CAREER PATH</b> (16+ years of age) Sportspeople coming out of high-level sport or using sport to progress their career</p>		
<p><b>ADDITIONAL CHARITABLE ACTIVITIES &amp; PROJECTS</b></p>					