

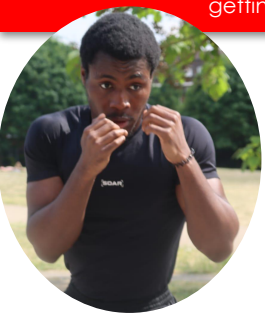
*Performance Plus Sport is a charity that seeks to find and support the most deserving and in need young people. Through sport we can help them to achieve their sporting goals and to create opportunities to set them on their career path. The two people you see below were referred to us by community organisations who have done so much for them. PPS' further targeted support can help them to progress and get the best out of themselves where they wouldn't have had the chance otherwise.*

*Anthony is a 23 year old basketballer from Nigeria who came to the UK to study and pursue his professional basketball dream. Through our partnership with Right Development Foundation in Barking, he was referred to us for support when he had no other sources of help. Anthony was in a position where he couldn't afford the registration fees to play in the National League and risked not meeting his true potential. It was clear he had a desire to achieve and would grasp the opportunities he was given but had barriers in his way.*



*He was offered an 'Individual Support Programme' with funding to target areas of need and mentorship to support his development. Initially, by funding his registration fees and travel costs he was able to train and compete in the National Basketball League. With a natural character to support younger children we placed him into a role in Croydon where he could provide child care to vulnerable children before and after school. We helped to get his checks in order, funded his travel and paid him for his time. The employers were so impressed with what he had to offer that they have since offered him a paid part-time job alongside his training.*

*"My goal is to become a professional basketball player and also be able to help those coming after myself. To play basketball at the highest level possible, and to take my family name as far as I can. My biggest difficulties have been finances, paying my registration fees, transportation which PPS has completely helped and supported with. PPS has helped me focus on playing the game I love, getting better and help to set myself up for my future" - Anthony.*



*Community Amateur Boxing Clubs like Double Jab in South-East London can save lives. A 15 year old Chima was introduced to boxing as a youth offender and placed into Double Jab as the last option to go before prison. Chima took to boxing and a few years later had become inspired, attending regularly.*

*At 20 years of age, and on the recommendation of the Head Coach at Double Jab, PPS stepped in to offer essential support and help Chima break down further barriers to help him reach the elite level of boxing and set him up in a career of coaching and personal training.*

*PPS has funded a gym instructor level 2 qualification for Chima so that he can start charging clients for his PT work. We paid him as a self-employed coach to deliver sessions to juniors at the boxing club. Alongside the qualifications and work experience we have also funded the essential equipment items Chima needs to train both himself and his clients to the best of his capabilities.*

*Chima has also benefited from mentorship provision. PPS provides regular mentor meetings (over zoom through Covid times) which ensures he stays focused and helps him to gain vital life skills like time management and communication. As part of the mentorship, Chima will be receive CV writing sessions, interview skills and employment readiness training.*

By supporting the advancement to elite level

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We are increasing the opportunities for young aspiring athletes and creating a fairer playing field

By creating career pathways

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We are increasing access to further education & training and helping young people become more employable

By providing mentorship

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We are improving mental health & wellbeing and providing access to an additional source of support